

LAX ROX Invitational Lacrosse Tournament

May 4-5, 2019 / Rockford, IL



We are excited to announce the 3rd annual **LAX ROX Invitational Lacrosse Tournament** to be held on May 4th & 5th. The tournament this year will be held at the *MercyHealth Sportscore One* facility in Rockford, IL.

Facilities:

The *MercyHealth Sportscore One* facility is part of Rockford’s award winning Park District and is nationally recognized for hosting a variety of sports tournaments. There are over 500 conveniently located parking spaces, on-site concessions, and rest rooms nestled between the well-kept fields.

We will provide a designated area for a “tent city” and encourage each team to bring tents for their players to rest and refuel between games. Games for each division will normally be played on one of two adjacent fields dedicated to that division. Please be aware that no grilling or alcoholic beverages are allowed on the premises.

The facility address is: **1288 Elmwood Rd., Rockford, IL 61103** and you can view the layout and amenities here: <https://mercyhealthsportscore.com/sportscore-one>

Age Groups:

We will have divisions spanning 5 age groups. The Varsity and JV divisions include high school players and our Youth divisions follow a blended IBLA/US Lacrosse format as follows:

Division	Grades	Max # of Teams
Varsity (Red)	High School	8
Varsity (White)	High School	8
JV	High School (Fr/So)	4-6
Majors	7 th – 8 th Grades / 14U	4
Minors	5 th – 6 th Grades / 12U	4
Juniors	3 rd – 4 th Grades / 10U	4

Tournament Format:

Each division will be set up in 4-team brackets. Each team will first play the other 3 teams within their bracket. For the Youth and JV divisions, these games will determine trophy placement. For the Varsity divisions, these games will determine the seeding for the finals, where the 1st place team in bracket A will play the 1st place team from bracket B, the 2nd place team from bracket A will play the 2nd place team from bracket B, and so on. Awards will be given to the *top 3* teams in each division.

Placement will depend on (1) win/loss/tie record, (2) goal differential, and (3) # of goals scored, in that order. A win (or forfeit) is worth 3 points, a tie is worth 1 point, and a loss is worth 0 points.

Ties at the end of regulation time will be counted for the placement games, but not for the finals. If a game is tied at the end of regulation play in the finals, there will be up to two 4-minute sudden death overtime periods with the first team to score declared the winner. If neither team scores in the overtime periods, we will go to a 3-v-3 Braveheart, 2 field players plus a goalie. No timeouts are available in the overtime periods.

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We will make every effort to avoid teams playing in back-to-back games and there will be ample rest time between games to keep the players fresh and healthy.

Game Play:

- Games will start promptly on the hour
- Two 20-minute running clock halves
- 5 minute halftime
- One 1-minute timeout per half
- Penalties served at 1.5x (eg: a 30 second penalty = 45 seconds)
- All substitutions on the fly
- All other US Lacrosse rules apply, specific to each division

Game Support & Team Responsibilities:

- Each game will be officiated by 2 credentialed referees
- Trainers will be available and will be housed near the registration pavillion
- Each team will provide 6 game balls for each game, located behind their first period goal
- Each team will provide one volunteer to help with timekeeping and scoring duties for each game, these are the best seats in the house!
- Each team must provide a complete roster no later than May 1

Registration:

The registration site is now open at: <https://events.teamsnap.com/events/5968/register>. If you have any questions, please email the Tournament Director, Jim Corbett, at jcorbett0613@gmail.com.

Tournament fees are **\$500 for the Varsity division** and **\$350 for all other divisions**, due and payable by **April 12, 2019**. We reserve the right to replace teams if fees are not paid on time. No refunds will be paid due to the failure to field a registered team. Payment can be made by card on the registration site, or by check mailed to:

Rockford Lacrosse Club - Treasurer
1708 Oxford St.
Rockford, IL 6110

In the event of a Tournament cancellation beyond our control (eg: threatening weather, field conditions, etc...), teams will receive a partial refund equal to 25-50% of the stated fee at the discretion of the Tournament Director. The Tournament has a number of fixed costs relating to expenses and commitments for fields and facilities, equipment rentals, event planning, marketing, vendors, staging and set up, t-shirt design and production, insurance, and other expenses.

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Code of Conduct & Sportsmanship:

Honor the Game. The LAX ROX Invitational Lacrosse Tournament (“Tournament”) requires all players, coaches, officials, parents, and spectators to abide by a Code of Conduct that embodies common sense principles, demonstrates consideration of others, and reflects positively on the sport of lacrosse.

5 Simple Concepts:

1. This Tournament is run for the benefit and enjoyment of the players.
2. Honor the game by showing respect for the rules, opponents, officials, and for yourself.
3. The role of spectators is to support the players, regardless of the team they play for.
4. Respect the facility and clean up after yourselves.
5. Officials are people too.

The Code of Conduct:

1. Players, coaches, officials, parents and spectators are to conduct themselves in a manner that honors the game, demonstrates respect for others, and is consistent with the operation of the Tournament for the benefit of everyone involved.
2. Eligibility requirements, such as age and previous level of participation, must be followed. They have been established ensure fair play, to encourage and maximize participation, and to promote safety. The Tournament relies on the good faith of coaches and players as well as their representations regarding age during the registration process.
3. The emphasis on winning should never be placed above the value of good sportsmanship, player safety, or the spirit of the game.
4. Poor sportsmanship, taunting, trash talking, fighting, or other unbecoming behavior on the part of players, coaches, parents, or spectators will not be tolerated.
5. Only head coaches are permitted to address the officials; coaches are expected to do so in a courteous manner. Adults involved with the game are not permitted to openly or maliciously criticize, harass, or threaten an official.
6. Officials are expected to conduct themselves as professionals and in a manner that demonstrates courtesy and fairness to all parties while exercising their authority on the field.
7. The Tournament expects all coaches to understand the rules of the Tournament and communicate them to members of the team and the team’s entourage.

Individuals and/or teams participating in the Tournament, as well as members of their entourage, that fail to abide by the Code of Conduct will be subject to ejection from the game, removal from the grounds, and disqualification from the Tournament in the future. The Tournament will use reasonable efforts to address concerns with officials, field managers, official assigning organizations, spectators, or coaches. The directors of the Tournament reserve the right to report violations to the leadership of relevant lacrosse leagues and programs.

Coaches are ultimately responsible to ensure compliance with the Code of Conduct and are expected not only to communicate expectations to their players, assistant coaches, parents, and spectators, but to help the Tournament and its officials promote behavior consistent with Tournament philosophy. ***Our goal is to make this an event that you look forward to participating in every year.***

We look forward to seeing you in May. In the meantime, please direct any question to the Tournament Director, Jim Corbett, at jcorbett0613@gmail.com or 815.980.3939.